

Jefferson County EMS – Spring 2026 EMT-Basic REFRESHER Course
Jefferson County Public Health
531 Meade St, Watertown, NY 13601
Days/Times: Mondays and Thursdays 6p-9p
Instructor: James Blackburn, CIC
Textbook: Emergency Care, 14th Edition

Chapter	Date of Class	Topic	Instructor
—	1/3/2026	Challenge Practical Skills Exam	PSE Staff
— 1	1/5/2026	Course Introduction/Orientation Introduction to Emergency Medical Services	Blackburn / Slate
2	1/8/2026	Well-being of the EMT	Blackburn / Slate
3 4	1/12/2026	Lifting and Moving Patients Medical, Legal, and Ethical Issues	Blackburn / Slate
5 6	1/15/2026	Medical Terminology Anatomy and Physiology	Blackburn / Slate
—	1/19/2026	NO CLASS - MARTIN LUTHER KING JR DAY	—
7	1/22/2026	Principles of Pathophysiology	Blackburn / Slate
ALL COURSE PAPERWORK DUE 1/22/2026			
8 9	1/26/2026	Lifespan Development Airway Management	Blackburn / Slate
10	1/29/2026	Respiration and Artificial Ventilation	Blackburn / Slate
21 —	(S) 1/31/2026	Resuscitation AHA CPR Class/ Skill Lab	Blackburn / Slate Lab Instructors
11	2/2/2026	Scene Size Up Scenario/Airway Lab	Blackburn / Slate Lab Instructors
12 13	2/5/2026	Primary Assessment Vital Signs and Monitoring Devices	Blackburn / Slate
14 15	2/9/2026	Principles of Assessment Secondary Assessment	Blackburn / Slate
16 17	2/12/2026	Reassessment Communication and Documentation	Blackburn / Slate
—	2/16/2026	Assessment Scenario Lab	Lab Instructors

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— 18	2/19/2026	Knowledge Check General Pharmacology	Blackburn / Slate
19 —	2/23/2026	Respiratory Emergencies Assessment/Pharm. Lab	Blackburn / Slate Lab Instructors
20	2/26/2026	Cardiac Emergencies	Blackburn / Slate
22 23 —	3/2/2026	Diabetic Emergencies and Altered Mental Status Allergic Reactions Assessment/Skill Lab	Blackburn / Slate Lab Instructors
24 25	3/5/2026	Infectious Diseases and Sepsis Poisoning and OD Emergencies	Blackburn / Slate
26 28	3/9/2026	Abdominal Emergencies Hematologic and Renal Emergencies	Blackburn / Slate
27 —	3/12/2026	Behavioral and Psychiatric Emergencies Assessment/Skill Lab	Blackburn / Slate Lab Instructors
29 —	3/16/2026	Bleeding and Shock Assessment/Skill Lab	Blackburn / Slate Lab Instructors
30 31	3/19/2026	Soft Tissue Trauma Chest and Abdominal Trauma	Blackburn / Slate
32 33	3/23/2026	Musculoskeletal Trauma Trauma Head, Neck, Spine	Blackburn / Slate
34 —	3/26/2026	Multisystem Trauma Assessment Scenario Lab	Blackburn / Slate Lab Instructors
— 35	3/30/2026	Knowledge Check Environmental Emergencies	Blackburn / Slate
36	4/2/2026	Obstetric and Gynecologic Emergencies	Blackburn / Slate
—	4/6/2026	NO CLASS - EASTER MONDAY	—
37 38	4/9/2026	Emergencies for Patients with Special Challenges EMS Operations	Blackburn / Slate
39	4/13/2026	Hazardous Materials, MCI, and Incident Mgmt.	Blackburn / Slate
—	4/16/2026	NO CLASS	—
40 41	4/20/2026	Highway Safety and Vehicle Extrication EMS Response to Terrorism	Blackburn / Slate
—	4/23/2026	Course Final & Assessment/Skill Lab	Lab Instructors

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—	(S) 4/25/2026	Practical Skills Lab	Lab Instructors
—	4/27/2026	Leadership in EMS Practical Skills Lab	Blackburn / Slate Lab Instructors
—	4/30/2026	Practical Skills Lab	Lab Instructors
—	(S) 5/2/2026	NYS Practical Skills Examination	PSE Staff
—	5/21/2026	END OF COURSE DATE	—

*(S) = Saturday

IS-100.C (Introduction to the Incident Command System), IS-700.B (Introduction to the National Incident Management System), and AWR 160 WMD/ Terrorism Awareness for Emergency Responders or equivalent are co-requisites for this course. If you have previously completed these courses, submit your certificates to the instructor.