



## **JEFFERSON COUNTY PUBLIC HEALTH SERVICE**

Public Health Facility, 531 Meade Street, Watertown, New York 13601

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### **Screen for Covid-19 Symptoms**

**April 28, 2021 ~Watertown, NY~** The Jefferson County Public Health Service (JCPHS) is continuing to see spread of Covid-19 in our community that has resulted in the quarantine of many close contacts and further spread of the virus. It is important to remain vigilant. Social distancing, masking and quarantine activities are proven effective measures to prevent and reduce the spread of Covid-19.

During the case investigation process, we are finding that the symptomatic person often continues to go to work and continues to socialize for many days before getting a Covid-19 test. If you develop symptoms of Covid-19, you should immediately isolate away from others. Also, employers should continue to screen employees for Covid-19 symptoms and not allow them to work if they are symptomatic.

Many positive cases are reporting that they assumed their symptoms were caused by allergies so they did not isolate. Covid-19 symptoms and allergies show some commonalities like cough, headache, sore throat, and congestion. Allergy symptoms typically include itchy eyes, nasal congestion, post-nasal drip, sneezing. Covid-19 symptoms may include fever, cough, chills, body aches and loss of taste or smell.

Discuss with your doctor any concerns you have about new symptoms or if you have been exposed to someone that currently has COVID-19. To find a testing location near you: <https://coronavirus.health.ny.gov/find-test-site-near-you>. For more information about Covid-19 go to [www.jcphs.org](http://www.jcphs.org).